



**21 DAYS
OF**

PRAYER

+ FASTING

Decorative elements include an orange starburst on the left, a blue flower on the 'A', two yellow circles on the 'Y', a green starburst on the 'R', and a pink flower on the 'E'.

AUG 03 - 23 2025

CONNECT STUDENT EDITION

COPASTORS JOHN & AMANDA BROGDON

DAY 1: GOD COMES FIRST



DAY 2: CONFIDENCE

SCRIPTURE:

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. **Matthew 6:33 (NLT)**

REFLECTION:

When we put God first, He helps us with everything else.

PRAYER FOCUS:

Pray to make time for God every day.

Before school, Bella always jumped straight into getting dressed and eating breakfast. But one day she tried something new—reading one Bible verse and saying a prayer first thing. Her day felt more peaceful and happy.

Putting God first doesn't take long. A little prayer or verse in the morning can start your day with peace and joy.

PRAYER:

God, help me choose You first every day. I want to live in a way that makes You proud. Amen.

SCRIPTURE:

For God has not given us the spirit of fear, but of power, and love, and self-control.

2 Timothy 1:7 (MEV)

REFLECTION:

Confidence comes from knowing God is with you.

PRAYER FOCUS:

Pray for courage and boldness in new situations.

Jenna was nervous about reading in front of the class. She wanted to hide in the bathroom during reading time! But her mom reminded her that God is always with her and she can do hard things with His help. Jenna whispered a prayer and got through it—her teacher even gave her a high five!

You don't have to be the best to be brave. God gives you strength when you feel nervous. You can walk into any room knowing He's right there with you.

PRAYER:

God, help me to be brave and strong. Even when I'm nervous, I know You're with me. Amen.

DAY 3: LISTENING TO GOD'S VOICE

SCRIPTURE:

My sheep listen to my voice; I know them, and they follow me. **John 10:27 (NLT)**

REFLECTION:

God wants us to hear His voice and follow Him, even when others don't.

PRAYER FOCUS:

Ask God to help you hear His voice and make good choices.

Carter's friends wanted to cheat on their homework. Carter knew it wasn't right, and he remembered what he heard at church: when you follow God's voice, He helps you do what's right. Carter told his teacher and chose not to cheat.

Sometimes God's voice is a quiet reminder in your heart. Listen closely, and be brave enough to follow Him.

PRAYER:

God, help me hear Your voice and do what is right, even when it's hard. Amen.



SCHOOL STARTS TOMORROW!

*Tonight, pray for
your teacher,
your school, & your
new classmates.*



DAY 4: GUARD YOUR HEART AND MIND



DAY 5: TRANSFORMING YOUR MIND

SCRIPTURE:

Above all else, guard your heart, for everything you do flows from it.

Proverbs 4:23 (NIV)

REFLECTION:

What you watch, listen to, and say matters. Let your heart be filled with good things.

PRAYER FOCUS:

Pray for a heart and mind that stays focused on Jesus.

Ellie loved music, but some songs made her feel sad or angry. Her mom helped her create a playlist with songs that reminded her of God's love. Ellie noticed she felt more peaceful and joyful during the day.

You get to choose what you let into your heart. Choose things that make you more like Jesus.

PRAYER:

Jesus, help me protect my heart and fill my mind with Your truth. Amen.

SCRIPTURE:

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:2 (NLT)

REFLECTION:

Lasting change begins with a renewed mind.

PRAYER FOCUS:

Ask God to transform your thoughts and align them with His truth.

Tasha had a habit of saying, "I can't do it!" anytime something was hard — even tying her shoes or doing a tricky math problem. Her teacher taught her a new way to think: instead of "I can't," say, "I'll try!" Tasha started to believe she could learn and grow.

Your brain is powerful, and God wants to help you use it for good things. Sometimes you have to change the way you think so it lines up with what God says about you — like "I'm loved," "I'm capable," and "I can do all things through Christ!"

PRAYER:

Jesus, help me think good thoughts that match what You say. Help me change my mind when I need to. Amen.

DAY 6: YOUR IDENTITY



DAY 7: GODLY FRIENDSHIPS

SCRIPTURE:

I praise you because I am fearfully and wonderfully made. **Psalms 139:14 (NIV)**

REFLECTION:

God made you special on purpose. You are His masterpiece.

PRAYER FOCUS:

Pray to remember your identity in Christ.

Luca was teased for his glasses, his different accent and his love of bugs. He felt like maybe he wasn't cool. But his mom reminded him that God made him just the way he is—and that's amazing.

You don't have to be like everyone else. The way God made you is beautiful and valuable.

PRAYER:

Thank You, God, for making me one-of-a-kind. Help me love how You made me. Amen.

SCRIPTURE:

Wise friends make you wise, but you hurt yourself by going around with fools. **Proverbs 13:20 (CEV)**

REFLECTION:

Good friends matter! God wants you to have the kind of friends who help you shine.

PRAYER FOCUS:

Ask God to give you good friends who help you grow in faith.

Nora wanted to be friends with the popular girls at school, but they always left someone out. She remembered what her mom said about choosing friends who are kind. Nora asked God to bring her friends who love Him too—and soon she met Yasmin, who sat with her at lunch every day.

Friendships shape who you become. Pray for God to help you choose friends who are kind, wise, and point you back to Him.

PRAYER:

Lord, help me find good friends and be a good friend to others. Amen.



YOU'VE FINISHED YOUR FIRST WEEK!

*Today at church,
share with someone
how your first week
of praying and
school went.*

DAY 8: PRAY FOR WISDOM

SCRIPTURE:

If you need wisdom, ask our generous God, and he will give it to you. **James 1:5 (NLT)**

REFLECTION:

God wants us to have wisdom so we can make good choices in school, with friends, and in life.

PRAYER FOCUS:

Ask God to give you wisdom this school year.

Chloe was trying to decide if she should join the soccer team or the art club. Her friends were pulling her in both directions, and she didn't know what to do. She prayed and asked God for wisdom. The next day, she felt peaceful about choosing the art club—even though it meant trying something new.

When you're not sure what to do, you don't have to guess. God wants to help you. Praying for wisdom is like asking for a flashlight when you're in the dark. He'll help you see the right way to go.

PRAYER:

God, thank You that I can ask You for help. Please give me wisdom to make the right choices this year. Amen.



DAY 9: TRUSTING GOD AT SCHOOL



DAY 10: GOD GOES BEFORE YOU

SCRIPTURE:

Trust in the Lord with all your heart and lean not on your own understanding.

Proverbs 3:5 (NLT)

REFLECTION:

Trusting God can be hard when things at school feel uncertain or scary, but God is always with you.

PRAYER FOCUS:

Ask God to help you trust Him every day.

On the first day of second grade, Jayden felt nervous. His new classroom was different, his teacher seemed strict, and he didn't know anyone near him. At lunch, he sat alone. But he remembered a verse his mom told him about trusting God. So, he whispered a prayer and asked God to help him be brave.

When you feel nervous, you can talk to God about it. He's always ready to listen and help you through each moment, even when it feels hard.

PRAYER:

God, help me trust You when I feel nervous or unsure. Remind me You are with me at school every day. Amen.

SCRIPTURE:

God is striding ahead of you. He's right there with you. He won't let you down; he won't leave you. Don't be intimidated. Don't worry.

Deuteronomy 31:8 (MSG)

REFLECTION:

No matter what today looks like, God is already there.

PRAYER FOCUS:

Pray for peace when starting something new or hard.

Before Nevaeh's first day at a new school, she was scared she wouldn't make friends. Her dad reminded her that God had already gone ahead of her. She walked in with a smile—and met a girl who loved drawing and reading just like her.

Trust that God is preparing good things for you, even when it feels unknown.

PRAYER:

Lord, thank You for going before me. Help me trust You in new places. Amen.

DAY 11: PRAYING THROUGH FEAR

SCRIPTURE:

I prayed to the Lord, and he answered me.
He freed me from all my fears.

Psalms 34:4 (NLT)

REFLECTION:

When we're afraid, we can turn to God. He listens and helps.

PRAYER FOCUS:

Pray against anxiety, fear, and worries.

Javiar had a nightmare and couldn't go back to sleep. He remembered what his kids' church leader said: "Say a prayer when you're afraid." So he prayed, "God, help me not be scared." And he fell asleep again.

*Fear can feel big—but God is bigger.
You're never alone when you talk to Him.*

PRAYER:

God, I give You my fears and worries. Fill me with Your peace instead. Amen.



MIDWEEK CHECK-IN!

*How has God
helped you so far
this week?
Say thank you in
your own words.*



DAY 12: BELIEVING IN GOD'S PLAN



DAY 13: WISDOM FOR LEARNING

SCRIPTURE:

Trust in the Lord, and do good; dwell in the land and befriend faithfulness. Delight yourself in the Lord, and he will give you the desires of your heart. **Psalms 37:3-5 (ESV)**

REFLECTION:

Even when we don't understand, we can trust God's plan even if it takes a while to see.

PRAYER FOCUS:

Ask God to help you trust His plan and believe that He knows the best outcome.

Emily didn't make the soccer team, and she felt really disappointed. She had practiced all summer. Her dad reminded her that God sees the whole picture. "Maybe He's got something even better ahead." And guess what? That fall, Emily found a love for art and joined a new club where she made awesome friends.

Sometimes life doesn't go the way we planned, but we can still trust God. He sees things we don't, and His plan is always good — even if it takes time to understand.

PRAYER:

God, even when I don't get it, help me trust that You're working things out for good. Amen.

SCRIPTURE:

For the Lord gives wisdom; from his mouth come knowledge and understanding. **Proverbs 2:6 (NIV)**

REFLECTION:

Sometimes, seeking help begins with a prayer for wisdom.

PRAYER FOCUS:

Ask God for wisdom as you learn and grow.

Taylor had a big spelling test coming up. She studied every night, but when test day came, she froze. Her palms got sweaty and she forgot words she knew the night before. On the bus ride home, she asked God to help her not be so nervous next time and to give her wisdom to study smarter, not just harder.

Wisdom isn't just about knowing facts—it's about knowing what to do and when to do it. When you ask God for wisdom, you're asking Him to help you make the best choices and learn in ways that stick.

PRAYER:

God, help me grow in wisdom every day—at school, at home, and with friends. Amen.

DAY 14: LEARNING WITH JOY



DAY 15: A HEART OF GRATITUDE

SCRIPTURE:

An intelligent heart acquires knowledge, and the ear of the wise seeks knowledge.

Proverbs 18:15 (ESV)

REFLECTION:

God gave you a mind to learn new things—learning honors Him.

PRAYER FOCUS:

Pray that you would be excited to learn and grow in wisdom.

Lily used to think math was boring, but this year, her teacher turned lessons into games. Lily discovered she actually enjoyed solving problems. She realized learning didn't have to feel like a chore.

Learning can be fun when you look for the joy in it. Ask God to help you be curious and see each subject as a way to grow.

PRAYER:

God, help me enjoy learning and use my brain for Your glory. Thank You for my teachers and all they help me learn. Amen.

SCRIPTURE:

Whatever happens, keep thanking God because of Jesus Christ. This is what God wants you to do. **1 Thessalonians 5:18 (CEV)**

REFLECTION:

We always have something to be grateful for, especially our salvation in Jesus.

PRAYER FOCUS:

Thank God for the good things in your life.

Dante complained about getting a new backpack that wasn't the one he wanted. Later that night, he realized some kids don't even have backpacks. He thanked God for what he had—and promised to complain less.

When you focus on what you're thankful for, it changes your heart. Gratitude helps you see how good God is, even on tough days.

PRAYER:

Lord, thank You for the little and big things in my life. Help me to remember to be grateful for everything I am given. Amen.



KINDNESS CHALLENGE!

*Ask God to show you
someone who needs
a little extra kindness
this week.*

*Then do something
kind for them!*

DAY 16: CHOOSING WHAT'S RIGHT

SCRIPTURE:

Never let yourself think that you are wiser than you are; simply obey the LORD and refuse to do wrong. **Proverbs 3:7 (GNT)**

REFLECTION:

God gives us the wisdom to turn from wrong and choose what's right.

PRAYER FOCUS:

Pray for strength to make good decisions, even when it's hard.

When Leo's friends started making fun of a classmate, he felt uncomfortable. He didn't want to be mean, but he also didn't want to look "uncool." Then he remembered that God cares about how we treat others. So he spoke up and said, "That's not nice," and walked away.

It's not always easy to make the right choice, especially if other people are choosing wrong. But God gives us courage and wisdom to do what's right. You can ask Him for help anytime.

PRAYER:

God, give me the wisdom and courage to do what's right, even when it's not easy. Amen.



DAY 17: PRAY FOR FOCUS



DAY 18: PEACE IN THE HARD MOMENTS

SCRIPTURE:

Let your eyes look straight ahead; fix your gaze directly before you.

Proverbs 4:25 (NIV)

REFLECTION:

God helps us stay focused when there are lots of distractions.

PRAYER FOCUS:

Ask God to help you focus in class and on what's most important.

Tyrese liked to look out the window during math class. One day he missed the whole lesson because he was watching a squirrel eat a cracker. He decided to pray before school the next day, asking God to help him pay attention. That day, Tyrese was able to stay focused and even helped his friend understand the lesson!

Everyone gets distracted sometimes. But when we ask God to help us stay focused, He gives us the strength to pay attention and do our best.

PRAYER:

Lord, help me to stay focused at school and not be distracted. I want to learn and grow! Amen.

SCRIPTURE:

You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!

Isaiah 26:3 (NLT)

REFLECTION:

When we stop and focus on God, He helps quiet all the noise leaving us with comforting peace.

PRAYER FOCUS:

Ask God for peace when you feel afraid, worried, or overwhelmed.

Oliver had a big performance in music class, and his stomach hurt just thinking about it. His mom reminded him to breathe and say a short prayer. "God, give me peace." It helped him calm down, and he remembered all the words when it was his turn to sing.

God gives peace that goes beyond understanding. You can always stop and ask Him to help you feel calm—even in the middle of the day.

PRAYER:

God, help me feel Your peace when things are hard or scary. Amen.

DAY 19: LOVE TO LEARN



DAY 20: ASK GOD FOR HELP

SCRIPTURE:

The beginning of wisdom is this: Get wisdom. Though it cost all you have, get understanding.
Proverbs 4:7 (NIV)

REFLECTION:

Wisdom is like a treasure—it's worth everything!

PRAYER FOCUS:

Pray for a heart that loves learning and growing in God's truth.

Mia loved learning science but didn't always understand Bible lessons. One day, she asked her mom to read a verse with her before bed. It helped her see that the Bible has amazing things to teach, too.

Learning doesn't stop at school. You can grow wise by spending time in God's Word and asking questions.

PRAYER:

Jesus, make me hungry to learn—not just school stuff, but things about You. Help me grow wiser every day. Amen.

SCRIPTURE:

I look up to the mountains— does my help come from there? My help comes from the LORD, the Maker of heaven and earth.
Psalms 121:1–2 (CSB)

REFLECTION:

You can ask God for help with anything—big or small.

PRAYER FOCUS:

Ask God to help you in your schoolwork, friendships, and choices.

When Marcus had trouble with his math homework, he got frustrated. But he remembered to stop and pray. Later, he asked his teacher for help, and things started to make sense.

God often helps us through others too. Prayer and asking for help work together!

PRAYER:

God, I need You in every part of my day. Help me when things are hard. Amen.

DAY 21: GOD HAS GREAT PLANS FOR ME

SCRIPTURE:

For I know the plans and thoughts that I have for you,' says the LORD, 'plans for peace and well-being and not for disaster, to give you a future and a hope. **Jeremiah 29:11 AMP**

REFLECTION:

God has a future full of hope for you.

PRAYER FOCUS:

Thank God for the amazing things He's preparing in your life.

Amir loved building things with Legos. Even when the pieces looked weird or didn't seem to fit, he kept building because he trusted the picture on the box. At the end, it always turned out awesome. That's what it's like trusting God's plan — it all comes together in the end.

God has an amazing plan for your life — bigger than anything you can imagine! You don't have to figure it all out now. Just take the next step, trust Him, and enjoy the journey.

PRAYER:

God, thank You that You have great plans for me. I'm excited for the future you are building. Amen.

YOU DID AND ARE DOING GREAT!

*21 Days of Prayer
may be over but God
sees your heart.*

*Ask Him to keep
helping you grow
stronger and wiser
this school year.*

